

Welcome to Frost Valley YMCA Health Services!

Enclosed please find the following:

- Health History and Examination Form
- Meningitis Information Sheet provided to meet New York State Requirements
- Health Center Check List
- Return Envelope (for your convenience)

**If your child needs to receive ANY medications while at camp,
Frost Valley must have written orders from your doctor and written parent permission.**

DOCTOR must complete Page 3 of the Health Form clearly indicating instructions:

- Medication Name
- Dose, Route and Times for administration
- Attach the prescriptions required to obtain the medications

The Frost Valley Health Center will be faxing the prescriptions to Matthews Pharmacy with the camper insurance (required), allergy and date of birth information. If any insurance issues arise, Ray Matthews will contact you for further instructions. You will be required to include a valid credit card # and expiration date with the prescription for payment.

If you have any questions regarding the prescriptions please feel free to contact:

Att: Ray Matthews
Matthews Pharmacy
101 Canal Street
Ellenville, NY 12428
Phone: (845)647-6222
Fax: (845)647-1558
Email: www.matthewspharmacy.com

Please feel free to contact the Health Center with any questions or concerns. We look forward to providing professional and compassionate care to your children this summer!

Patty Conklin, RN
Health Care Administrator
Frost Valley YMCA
(845)985-2291 ext 225
pconklin@frostvalley.org