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# Frost Valley YMCA

There's no other camp quite like it!

## Counselor-In-Training Application

Date of Application \_\_\_\_\_  
Age at start of summer \_\_\_\_ T-shirt size: \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
E-mail \_\_\_\_\_  
Home Phone \_\_\_\_\_ Social Security Number \_\_\_\_\_  
Father's Name \_\_\_\_\_ Business Phone \_\_\_\_\_  
Mother's Name \_\_\_\_\_ Business Phone \_\_\_\_\_

Do you reside with  Mother  Father  Both?

Present School \_\_\_\_\_ Grade Point Average \_\_\_\_\_

Please list any Extracurricular Activities: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Summer Camp Experience

Camp Attended	Location	Years Attended
_____	_____	_____
_____	_____	_____
_____	_____	_____

### Work Experience

Employer	Location	Dates of Employment
_____	_____	_____
_____	_____	_____
_____	_____	_____

How did you find out about the Counselor-In-Training Program?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Why have you applied for the CIT Program? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Discuss several specific skills you hope to learn during your CIT Experience: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What qualities and talents can you share with Frost Valley through the CIT Program? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

In your opinion, why does Frost Valley provide the CIT Program to 16 year olds? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The backpacking portion of the CIT program is very strenuous. Do you have any physical limitations that we should be aware of? If so, please explain.  
\_\_\_\_\_  
\_\_\_\_\_

If you are accepted into the program, which session would you prefer to attend? If you have specific reasons please take time to write them below!  
\_\_\_\_\_  
\_\_\_\_\_

**Thanks!**

[www.frostvalley.org](http://www.frostvalley.org)

\_\_\_\_\_  
Applicant's Signature Date

\_\_\_\_\_  
Parent's Signature Date

**Return Application To:**  
Resident Camp Program Director  
Frost Valley YMCA  
2000 Frost Valley Rd.  
Claryville, NY 12725

