



Dear Adventure Applicant,

Frost Valley YMCA Adventure Programs has been a leader in adventure-based experiences for teens since 1968. Since that first group of boys traveled to the Adirondack Mountains with Bud Cox, we have been providing quality opportunities for teenagers to step out of their everyday lives and into something extraordinary. Our line up of **Adventure Trips** includes backcountry, service learning, multi-sport, and international expeditions. Activities will include whitewater rafting, rock climbing, backpacking, canoeing, scuba diving, biking, surfing, sailing, and volunteer service projects. We will be heading to some familiar locations including West Virginia, Maine, California, and Costa Rica while exploring new destinations like the British Virgin Islands.

Of course, campers don't have to leave Frost Valley to get a taste of Adventure. We have resident camp programs that give campers a chance to see what we are all about. Back for its second year, **Adventure Village** is getting bigger and better. With activity choices in action sports, high ropes/rock climbing, and multi-sport tracks, campers choose their own path through this Resident Camp/Adventure Trips hybrid program. **Adventure Specialists** are returning to Frost Valley's Summer Resident Camp as well. Climbing, mountain boarding, high ropes, slack-lining, and more will be offered for the 500+ campers every session.

As an Adventure Staff member, you will be working with youth to create a challenging yet supportive environment. The hard skills and technical proficiencies you bring to the staff team are a vital but small piece of the picture. It is the people who make up your trip or village, and the bonds that they form, that will impact lives for years to come. We are looking for applicants who are excited to work with youth ages 11 to 17 in a variety of settings. Adventure Staff should expect to facilitate group dynamics, teach program-specific skills, and assist campers in achieving individual goals while ensuring the safety and well-being of all program participants. Available positions include:

- **Adventure Trip Leaders** are responsible (along with a co-leader) for 6-12 teens ages 11 to 17 on 1 to 3-week Adventure Trips. This position lives with campers though not necessarily in the same tent/building.
- The **Adventure Village Chief** is responsible for the day-to-day operations of Adventure Village including scheduling of activities and staff, camper supervision, and problem-solving. This position lives with campers.
- **Adventure Village Counselors** will be directly responsible for campers during their stay both during the day and at night in the village. Counselors may also be asked to design and lead programs for the village.
- Any programs running for Summer Resident Camp will be led by **Adventure Specialists**. They will be responsible for running the climbing tower, high ropes elements, mountain boarding, and other adventure-based activities. This position does not live with campers.

Specific job descriptions can be found on our website at www.FrostValley.org or sent via e-mail or snail mail. Please contact Kevin Terrell at adventure@FrostValley.org or (845) 985-2291 ext. 265 with any questions.

To apply for Adventure positions, please fill out the following forms and return them to the Adventure Programs Office at Frost Valley YMCA.

- Frost Valley YMCA Application for Employment (this can be completed online @ www.FrostValley.org)
- Adventure Staff Application (Trip Leader and Specialist positions only)
- 3 Reference Request Forms completed by 3 professional references

Come build strong kids, strong families, and strong communities with Frost Valley YMCA!

Kevin Terrell and the Adventure Programs Office



Adventure Staff Application

2000 Frost Valley Road, Claryville, NY 12725
(845) 985-2291 ext. 265
adventure@FrostValley.org

Name: _____ Date: _____

Position(s) you are applying for (circle all that apply):

Adventure Trip Leader (21+)

Adventure Village Chief

Adventure Specialist

Adventure Village Counselor

Briefly describe your experience working with youth, specifically ages 11 to 17 in a school, camp, or adventure/ experiential setting.

If they only had one sentence, how would a teen in one of your programs describe you to their parents?

State your experience facilitating teambuilding initiatives, low ropes, and/or high ropes elements.

Describe an important achievement/experience in your life and what it means to you today.

Briefly state your experience with backcountry travel and camping.



Describe situations in which you have taken a leadership role.

Describe a challenging situation/experience where you were in a leadership role. Please include tools or methods you employed to get through this.

Skills Assessment: Please indicate what Skill Level you are currently at in all of the following activities using the following scale: (1) Expert, able to teach and lead; (2) Proficient, able to assist teacher; (3) Beginner, minimal past experience; (4) No experience. Also indicate any recognized certifications, trainings, etc... you currently hold in the activities.

	Skill Level	Certifications		Skill Level	Certifications
Mountain Boarding	___	_____	Whitewater Rafting	___	_____
Skateboarding	___	_____	Outdoor Cooking	___	_____
Construction	___	_____	Kayak touring	___	_____
Fire building	___	_____	Rock Climbing	___	_____
Low-impact camping	___	_____	Orienteering	___	_____
Backpacking	___	_____	Group Dynamics	___	_____
Canoeing	___	_____	Other _____	___	_____

Please include any other information you believe applies to this position.